

## STARTING KINDY

### TIPS AND INFORMATION FOR PARENTS TO HELP MAKE A SMOOTH TRANSITION

#### ADVICE & TIPS

Thinking about transition to school: [Advice](#) from [www.kidsmatter.com.au](http://www.kidsmatter.com.au)

[12 ways to help a child make the transition to kindergarten](#) : If you keep reading past the 12 tips, Anne Densmore writes of a lovely exchange between herself and 5 year old Kara, where Kara speaks of her worries about starting school:

**BOOKS:** [that may help your child transition to school.](#)



Oi! Don't forget me! I'm [Splat the Cat](#). It's my first day of school and I'm worried. What if I don't make any new friends? Just in case, I decide to bring along my pet mouse, Seymour, and hide him in my lunchbox. Seymour escapes, things go a bit crazy... but everything works out in the end and I'm excited to go to school the next day.

**VIDEO CLIP:** [My Day at Kindergarten](#): A 5 minute video showing you a typical school day in kindergarten. Beautifully narrated by the children themselves.

**CALMING ACTIVITIES:** [for home](#) after a long day at school.

**ROUTINES & SCHEDULES:** Some thoughts on [Morning routines](#) by [www.raisingchildren.net.au](http://www.raisingchildren.net.au)

Ideas from Pinterest for getting ready and kids' [morning routines](#) - You'll need to join Pinterest to get access to these ideas/resources.

More Ideas from Pinterest for [after school schedules and routines](#)

**STARTING KINDERGARTEN SOON?** Part of schoolatoz; practical help for parents. Put out by the NSW Department of Education offering a range of printouts and articles covering school readiness, lunches, how to help your child with reading and number, parental involvement and organisation in the home.